



**FREE FAIRYFLOSS
POPCORN & SNOWCONE**



COLOURING IN COURT



THURSDAY 21ST APRIL 2016 | FROM 10.00AM | C BLOCK LEVEL 5

“WHAT’S HAPPENING”

10.00am-3.00pm

Law Library - Industrial Court

Colouring Court

Come down to the Industrial court and do some colouring in, could be just the therapy you need to manage stress.

Board Games, Golf Putting

Great way to de-stress and chill out.

10.00 – 11.30am

Law Library – C508

Turn the Tele On

Television does have its place...watch a show from your childhood and seize the chance to be a “human-being” instead of a “human-doing”

11.30am -2.30pm

Law Library

FREE Snow cones, Popcorn, Fairy Floss

Take time to remember the simple (and delicious) things in life – grab some **FREE** snacks

11.30am, 12.30pm and 1.30pm

Law Library – C508

15 min mindfulness sessions

Mindfulness is widely recognised as being a valuable skill for maximizing performance and remaining calm, whatever the presenting situation. In this session, Psychologist Sue Barnard will facilitate a practical mindfulness session.
Presented by Sue Barnard

12.00pm-3.00pm

Lumpy Lawn

Viv’s Animal Farm

Viv’s animals Farm will be here again! Take a **Selfie with the Alpacas and the Animal farm.**

Bubble Tennis

Come have a game of bubble tennis on the lawn

12.30pm-1.30pm

Lumpy Lawn

FREE Sausage Sizzle & Drinks

Pick up your FREE sausage sizzle token from the Law Library.

1.45pm – 3.00pm

Turn the Tele Back On...

Back to our goal of being not doing...

4.00pm – 6.00pm

B Block, Room 121

Movie: Hector and the search for Happiness

Snacks provided